



Connected Through Adoption: Tween Edition All Adoptees = Safe Space

A three-hour workshop presented by Adoption Wellness; encouraging adoption exploration in a safe space and supported by an adoption competent clinician and transracial adult-adoptee.

What: This workshop is developed for and by adopted individuals. The tween years can be a critical period for any youth with regard to developmental milestones, emotional exploration and identity formation. For the adopted person, the additional complexities may add to the stress of everyday life. We will explore topics that include, but are not limited to:

- ✓ talking about our adoption story
- ✓ how to deal with race and ethnic stereotypes
- ✓ managing intrusive questions
- ✓ exploring birth-family curiosity
- ✓ coping with feelings of abandonment, isolation, sadness and anxiety and understanding how these feelings impact our relationships with others

When: Saturday, November 18, 2017 from 10:00am-1:00pm

Who: Adopted tweenagers ages 9-12. Age exceptions will be considered based on the child's emotional development and maturity level. Due to the uniqueness of each individual's level of comfort, we limit our groups to eight attendees.

Cost: \$150 - Cost includes lunch and all materials.

Where: Adoption Wellness N27 W23960 Paul Road, Suite 5, Pewaukee, WI 53072
Located off of Hwy 164 and Hwy M just north of Hwy 94 but South of Capitol Drive. Enter Pewaukee Wood Commerce Center on Paul Road and make an immediate left into the driveway. Enter through the main doors and proceed downstairs. There is a general waiting area in the atrium. Parents are welcome to drop off and pick up.

To register by 11/11, please email Jaclyn@adoptionwellness.com. Registration documents are sent via email after your inquiry. Registration and payment will reserve a spot. Payments can be made online via credit card, check, cash or HSA payment accepted. To learn more about Adoption Wellness, please visit our website: www.adoptionwellness.com